

Mission Statement

"Recovery Ventures is a nonprofit organization that offers long-term, residential treatment and aftercare services to individuals suffering from substance-use disorders in a safe and healthy environment that promotes self sufficiency, emotional growth, personal accountability and personal values enhancement."

Founded March 25, 2002

Recovery Ventures Corporation is a 501(c)3 Charitable Organization

North Carolina Charitable Solicitation License Number SL003149

Contributions and personal donations are tax deductible under US Internal Revenue Service Code.

Licensed By the State Of North Carolina Department Of Health And Human Services License Number: MHL-059-035

Post Office Box 549 Black Mountain, NC 28711

Phone: (828) 686-0354 Fax: (828) 686-0359



Program Overview

Recovery Ventures is a twenty-four month, residential Therapeutic Community for individuals suffering from substance-use disorders. Primary care is followed by a transitional and supportive housing environment and aftercare services.

Components:

1. Therapeutic

- Milieu therapy
- Associates actively participate in program activities
- Group counseling, individual counseling, and psycho-educational groups
- Structured environment and daily routines, educational seminars, peer counseling.

2. Job Skills Training/Interdependent Responsibility –

- Associates participate in both in-house and outside job placements immediately upon entry
- Associates learn to be responsible in a number of areas that lead to manageability of their own lives

3. Education

- Associates must be working toward individualized, mutually agreed upon educational
- Associates will work to obtain GED, and are eligible to attend a local community college after moving into the Enrichment phase of their program

4. Spirituality

Associates develop spiritual connections with each other and/or their Higher Power.

5. Aftercare

- Required continuum of care
- Associates step-down to transitional housing before graduation;
- Participants must serve as mentors to younger residents during this time.

Recovery Pentures Porporation

DIRECTORY INFORMATION

MAIN OFFICE

David F. Martin, Executive Director Steve Sorrells, MA, NCC, LCAS, Clinical Director

> Recovery Ventures Corporation PO Box 549 Black Mountain, NC 28711 Voice: 828-686-0354 Fax: 828-686-0359

General Correspondence E-mail- RVCWNC@aol.com
Admissions E-mail - rvcintakes@aol.com
Website www.recoveryventurescorp.org

FACILITY LOCATIONS

Men's Facility Old Fort, NC

Women's Facilities Swannanoa, NC

Transitional Housing Facilities

Old Fort, NC Asheville, NC Ridgecrest, NC Swannanoa, NC



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Recovery Ventures seeks to integrate associates into a healthy, substance-free environment that provides clinical services, personal responsibilities and accountability, positive role models, emotional growth, community service involvement, and aftercare services. This approach is aimed at restructuring one's life and developing a positive, interdependent lifestyle.

Recovery is not easy! Most program staff are in "active recovery" from addiction. The staff 's personal experience in recovery is combined with professional training to help assist associate's in rebuilding their lives and living in recovery. We are strongly committed to the belief that "Helping others is a key to recovery."

Recovery Ventures is not easy! We do not want you to think that you are going on a vacation, to a weekend at the beach or mountains. Nothing in our paperwork should give you the impression that this is a rest and relaxation retreat. Recovery Ventures is a highly structured, supervised and more often than not, a very demanding program. No one can give anyone their recovery. It must be earned much in the same way that Recovery Ventures survives and remains in operation, by earning what we receive.

Each facility is self-supporting! It is the responsibility of every associate in the program to contribute to the generation of operational income. This income provides for each current associate and ensures that others seeking recovery will have a program to participate in. In the "real world" each day involves getting out of bed, fixing meals, going to work, keeping the house clean, taking care of the younger ones (new associates), washing dishes, cutting the grass, meeting with friends, paying the bills, doing paperwork, recreation and leisure activities and advancing our knowledge and emotional growth. The "Recovery Ventures world" works very much the same way with each individual playing his/her part to make it work.

Responsibility, proper conduct, ethical behavior, accountability and safety in the community are all primary aspects of the Recovery Ventures program. We are comprised of a very diverse population, being of all races, genders, beliefs, origins, economic and social statuses. Recovery Ventures, like addiction, discriminates against no one. We have established rules and regulations that must be strictly adhered to by all associates at all times. You will have access to our established policies and procedures, along with definitions of unacceptable behavior, when you arrive at our facility. Violations of established policies and procedures will result in appropriate action being taken and/or termination from the program. It is not acceptable for any participant in the Recovery Ventures program to feel threatened, intimidated, coerced or manipulated by any other associate or external party having any association with Recovery Ventures Corporation. All violations of established policies and procedures, threats, violence or any questionable activity are to be reported immediately to staff personnel for appropriate action.

Substance abuse treatment costs money, and unfortunately, the majority of us who need treatment have little or no money, no insurance, and in many cases, no one that is willing to help bear the financial burdens of long term treatment. As stated previously, you earn what you get at Recovery Ventures. Participation in Recovery Ventures is voluntary to anyone requesting participation in our program. Recovery Ventures is a self-supporting, non-profit organization. We also request corporate donations of various items that are needed by the associates in our program. These items include clothing, hygiene products, medical supplies and services and materials needed to repair and improve our facilities. The majority of our daily operational and administrative expenses of telephone service, electricity, water & sewer services, gasoline, etc. are paid for through the work we perform for contract employers and our independently operated business ventures.

Rebuilding relationships with children and family is a very important part of recovery. Many of our most significant relationships were damaged while in active addiction. Family issues can improve with clinical guidance, time, patience, and proof that those in recovery are making progress toward changing their negative behaviors. Our program takes a proactive role in re-establishing relationships through individual and group therapy sessions. , in which there is open and honest communication with loved ones and scheduled events that welcome parents and/or children to visit our facilities and observe our activities. Married associates will be eligible to attend relationship group upon progression to the leadership phase. The objective of this group is to assist associates in a structured, rebuilding of the relationship. Correspondence, phone calls, and visitation are all privileges that are earned through the participation in the group and subject to staff approval. BE PATIENT! Non-married program associates are eligible to participate in relationship group upon entering the Enrichment phase. Communications with loved ones, by telephone and/or mail is an earned privilege that may be lost due to violations of program policies and procedures. You must value and protect the privileges you have worked so hard to earn.

TRANSITION PHASE

45-60 days

- Emphasis on becoming familiar with new surroundings and developing relationships with other program associates
- Education on program rules, policies, and procedures
- Comprehensive clinical assessment is completed by program staff
- An initial treatment plan is established

ACCLIMATION PHASE

Up to 6 months

- Opportunity to earn privileges
- Begin correspondence with family through letters and phone calls (phone calls are limited)
- Assignment of household responsibilities based on progress in the program
- Expected to have a working knowledge of program rules, policies, and procedures
- Enrollment in Anger Management and Grief and Loss curriculums
- Treatment plans are reviewed and updated every 90 days
- Encouraged to assist new program associates in developing a working knowledge of the program

LEADERSHIP PHASE

6-12 months

- Begin accepting more responsibility for the proper guidance and development of newer associates (peer leader)
- Eligible to participate in the Family Education Program
- Eligible to participate in off-campus, weekend visits with immediate family (not overnight)
- Developing a better understanding of personal issues and cultivating the skills necessary to work on these issues

ENRICHMENT PHASE

12-18 months

- Participation in Aftercare, Relapse Prevention, and Life Skills curriculums
- Emphasis on more personal responsibility (developing community support, budgeting, etc.)
- Eligible to participate in home visits (weekend visit, fellow associate accompanies as a strength)
- Continued participation community peer leaders (facility house managers, group assistance, enforcing accountability, etc.)
- Cultivate individual, career, and educational goals with the assistance of program staff

INTERNSHIP PHASE (AFTERCARE)

18-24 months

- Emphasis on establishing community-based recovery support
- Securing gainful employment
- Move into transitional housing
- Establishing a bank account and personal budget
- Begin to pay rent for program housing
- Continued participation in Aftercare, Relapse Prevention, and Life Skills curriculums
- Expected to maintain connection with "core" of the program through mentoring of program associates and participation in on-site groups

^{*}Progression through program phases is based upon adhering to program rules, completion of phase requirements, and meeting treatment plan objectives. Failure to meet any of these requirements can result in loss of privileges and extensions of current phase.



Fax: (828) 686-0359

Application Procedures and Admission Process

The "PRIMARY QUALIFICATION" for acceptance is the sincere desire to remain in recovery and to make a lifelong commitment to help others recover.

Exclusionary Criteria:

- 1. Applicants with a prior criminal history including convictions for **arson** or **sexual misconduct**,
- 2. Applicants with long histories of violence,
- 3. Applicants who are on intensive probation,
- **4.** Applicants who have **exhibited exaggerated psychiatric symptoms** or **suicidal/homicidal ideations** within the past 90 days.
- **5.** Applicants who require **psychotropic medications** will be considered on a case by case basis.

TO APPLY:

- ✓ Admissions office hours are Monday Friday: 8 AM 5 PM
- ✓ Complete all application paperwork
- ✓ Submit an autobiography
 - o Minimum 3-6 pages
 - o Give details of your life from as far back as you can remember, up to and including your personal decision to complete our application
- ✓ Obtain current TB and HIV test (within the last 6 months)
- ✓ Obtain a criminal record from any state that you have ever resided in (if you need assistance discuss this with our admissions coordinator)
- ✓ Complete a telephone interview with an admissions coordinator

UPON ACCEPTANCE:

- Transportation arrangements need to be discussed with admissions coordinator. Recovery Ventures does not provide transportation.\
- Upon acceptance an entry date will be scheduled by the admissions coordinator. Failure to report on your scheduled entry date can result in loss of bed space. Do not show up with a scheduled entry date.
- Entry fee of \$300 must be paid at time of arrival and is NON-REFUNDABLE. Recovery Ventures only accepts payment in the form of cash, cashier's check or money order.
- Associates that have previously left Recovery Ventures **against clinical advice** are required to pay a \$400 RE-ENTRY fee.
- DO NOT bring anything that is not on the approved clothing inventory list. Items brought that are not on this list will be taken and disposed of accordingly.

On a scale of 1 to 10, how serious a problem do you think you have with drugs or alcohol?

(No Problem) 1 2 3 4 5 6 7 8 9 10 (Very Serious Problem)

On a scale of 1 to 10, how motivated are you to make changes in your life at this time?

(Not al all) 1 2 3 4 5 6 7 8 9 10 (Very motivated)



Print Name

Witness (Intake Coordinator)

(Signature)

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CLOTHING INVENTORY

The following list must be strictly adhered to. Any items over the amount specified will be disposed of accordingly and will not be

The following list must be strictly adhered to. Any items over the an	
returned at a later time! The personal items should be kept at or be	elow the following:
Men	<u>Women</u>
10 pants (1 or 2 pair of slacks, black/khaki)	All clothing should be Very LOOSE fitting
10 shirts (1 or 2 dress shirts, black/white)	10 pants (1 or 2 pair of slacks, black khaki)
10 t-shirts 5- ribbed tank undershirts	10 shirts (1 or 2 dress shirts, black/white)
5 shorts	10 t-shirts (NO white or V-neck), 5 undershirts/camisoles
1 suit	5 shorts (at least knee length)
3 pair of pajamas	3 pair of pajamas
1 pair of slippers	1 pair of slippers
1 pair of shippers 1 pair of flip-flops	1 pair of flip-flops
Necessary toiletries/hygiene items(NO alcohol/aerosol)	Necessary toiletries/hygiene items(NO alcohol/aerosol)
10 pair of underwear, 10 pair of socks	10 pair of underwear (NO thongs), 10 pair of socks, 5 bras
1 winter coat	1 winter coat
1 jacket	1 jacket
1 Bible, 1 AA/NA Book, 1 Journal	1 Bible, 1 AA/NA Book, 1 Journal
4 pictures (no significant others/spouses, immediate family	4 pictures (no significant others/spouses, immediate family
only)	only)
3 pair of shoes TOTAL , 1 dress/work shoes (black non-slip),	3 pair of shoes TOTAL , 2 pair sneakers, 1 pair work shoes
1 work boots, 1 sneakers	(black non-slip)
2 hats	2 hats (winter)
1 Wallet with Social Security Card, Picture ID-ONLY	1 Wallet with Social Security Card, Picture ID- ONLY
1 alarm clock	1 alarm clock
1 sunglasses	1 sunglasses
3 cartons of tobacco products	3 cartons of tobacco products
1 pillow with pillowcase	1 pillow with pillowcase
1 twin sheet set	1 twin sheet set
2 towels, 2 washcloths	2 towels, 2 washcloths
2 towers, 2 washerours	1 twin comforter
NOTE DO NOT PRING	
NOTE: DO NOT BRING JEWELRY, WATCH, PERFUME, TELEPHONES, MUSIC DEVICES, HAIR CLIPPERS/ELECTR MAGAZINES, MONEY, CREDIT CARDS, ADDRESS I	RIC SHAVERS, STUFFED ANIMALS, LETTERS, BOOKS,
If you do not have all of the above items, we will do receive the clothing items you require. ***You WILL NOT be allowed to request any items to be ser	
you make Leadership phase (approximately 6 months). Bir basis.	
Recovery Ventures Corporation will not be responsi	ible for any personal items left behind if you leave
against clinical advice. You will be given one business day t	to make arrangements to pick up your belongings, after
that they will be delivered to a local charity as a donation or	
during your stay to not bring anything of sentimental value	
I understand that if I bring items other than those s	pecifically listed above, the items will be disposed of at
the time of my entry into the program and this may result in	
are no exceptions.	

Date

Date

VOLUNTARY

APPLICATION

FOR

ADMISSION

SUBMITTED BY:	
DATE:	
Best Number to Reach You at:	_
E-mail:	
Fax:	



Fax: (828) 686-0359

VoluntaryApplication for Admission

	Date:			_		
Name: Last:	First:	Middle	:S	Sex:	Race:	
SSN:	_ DL#:	State:	License Status	:	_ DOB:	
Most Recent Address:						
City:	State:		County:		Zip:	
Height:,,	" Weight:	lbs Hai	r Color:	Eye C	Color:	
Distinguishing Marks: (Tattoo	os, Scars, etc.)					
Marital Status: Married:	Divorced:	Single:	_ Separated:			
If married, Spouse's Name						
Do you have any children?	How I	Many?				
Child's Name	Who	is the child staying	with	Child's Age		
n case of Emergency, Notify:			_ Phone #:			
Relationship to Applicant:			Emergency Contact	t E-mail:		
Parent's Name:			Phone #:			
Address:						
City:		State:	Zip:	:	 -	
Have you ever resided in any s	state other than North (Carolina? Y N	If Yes, where? _			
<u> </u>						
First time applying to RVC? Y	/ N					
Have you previously been a re	esident in RVC? Y N	[Did you comple	ete? Y N Circur	nstances arc	ound discharge.	



Criminal Justice Information

Applications may be submitted and a determination to accept or reject the applicant will be made prior to the scheduled court date. However, all legal proceedings must be completed prior to establishing residency in a **Recovery Ventures**

facility. Failure to disclose pending legal action(s) may be grounds for immediate dismissal from the program.

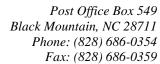
Do you have any outstanding warrants? If Yes,	, please describe:
Do you have any outstanding charges? If Yes,	, please describe:
When is your court date?	State and county:
Are your represented by an attorney?	-
Attorney's Name:	Phone #:
Address:City:*Must provide legal documents pertaining to any a	State:Zip: and all court cases/judgments/release orders.
Are you on supervised probation?	If Yes, what are the charges?
If yes, in what county and state?	
Probation Information: Officer's Name:	
Address:	
City/State/Zip:	
Phone #:	
Last Seen/Spoken With:	
Is your probation officer aware that you are seeking lo	ong term treatment?
Are you obligated for child support payments?	Are payments current?
County: Case worker Na	ame:
Financial Information	
Do you have any outstanding debts (child support, ins If yes, explain?	
Do you receive any ongoing financial reimbursement If yes explain?	for any reason (disability, trust fund, etc.)?



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Medical History Information

Do you have any medical conditions that will limit your activities?
If yes, explain:
Are you taking any prescription medication(s)?
If yes, list all and how long have you been taking this medication?
Have you ever experienced or been diagnosed as having any of the following:
Seizures TB Diabetes Hepatitis
Heart Disease Epilepsy Cirrhosis High BP
Are you currently under the care of a physician?
Doctor's Name:Phone #:
Reason(s) for current treatment:
List any past mental health hospitalizations: Hospital name Date(s) Reason
Any history of suicide attempts, suicidal ideations, or other self-harm? If yes explain:
Are you currently experiencing any of the above? If so, do you have a plan?
If so, please explain
Are you having homicidal thoughts? If so, Please explain
Have you been tested for HIV/TB? Date: Result:
Are you a veteran? Do you qualify for medical benefits?
Do you have health insurance?
Do you have or maintain a primary residence at this time? Yes No
If NO, where have you been staying/sleeping? Relative Friends Shelter On Street
How long have you been in this situation? Years Months Days



Recovery Pentures Porporation

Educational Information

Did you gradı	uate from high school? _	Year:	_		
If not, highest	t grade completed?				
Did you earn	a GED? Year:				
Have you had	any college or vocationa	al school training? Y	_ N		
Name of Coll	ege/School:				
Location:					
	icate Received:				
Employment	<u>Information</u>				
Are you curre	ently employed? Y N	_ If yes, where			
How Long? _	Do you en	joy this type of work?			
What type of	work would you like to d	lo?			
How long has	s it been since you last wo	orked? Where?			
Substance Us	se History	Drug of Addiction: _			
Drug	Age at first use	Amount used at peak	Current use	Date of last use	
	er experienced treatmen l you complete?, etc.)				tes, type of



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RELEASE OF INFORMATION AUTHORIZATION

Client Name:			
Date of Birth:	Social Security Number:		
I,	hereby authorize		
(Client's Name)	me), hereby authorize		
to release/exchange specified infor	nation in my client record to:(Recipient Name and Address)		
	(Recipient Name and Address)		
	This data shall include (Nature & Extent of Information) Specify Time Period:		
Summary of Evaluation & Trea	ment Acquired Immunodeficiency Syndrome		
Admission Assessment/Screen			
Alcohol or Drug History & Tr	atment Treatment Plan & Diagnosis		
Progress Notes	Medication History		
Discharge Summary	Psychological Evaluation		
Psychiatric Evaluation & History	y Financial Information		
Human Immunodeficiency (V	us) Educational Information		
(History & Treatment)	Attendance		
	Other:		
I understand this information will	used for:		
Eva	uation & Treatment Planning Referral		
Cas	uation & Treatment Planning Referral Continuity of Care Continuity of Care		
Oth	r:		
named above to release information	above named agency, organization or individual who possesses information relative to the case, as specified, to the agency, organization or individual named on the request. I understand lude information regarding drug abuse, alcohol abuse, sickle cell anemia, or psychological		
protected under state and federal l state and federal law. This conse	e freely, voluntarily and without coercion. I understand that the information to be releas ws and cannot be re-disclosed without my further written consent unless otherwise provided for shall be valid for a period not to exceed one year. I further acknowledge that I may revoke the extent that action based on this consent has been taken.		
Client:	Legal Representative:		
Date:	Witness:		
Person Releasing Information:	Date:		

Over the Counter Medication Administration Acknowledgement

&

Statement of Personal Responsibility

These are the over the counter medications that Recovery Ventures Corporation provide on an as needed basis. Please review the list below and check those medications that you are able to take without known adverse reaction.

Allergy Preparations	Nutritional Supplements
Benadryl tablets/ointments	Vitamins
Claritin	Fiber
	Calcium
Analgesics	Zinc
Tylenol	Fish Oil
Aspirin	_
Excedrin	Topical Preparations
Ibuprofen (Motrin, Advil)	Hydrocortisone ointments
Aleve	Zinc oxide lotion (Calamine)
	Bacitracin/neomycin/polymyxin B (Neosporin,
Cough & Cold Preparations	Triple antibiotic ointments)
Chlorpheniramine and acetaminophen	Triple antiologic orientality
(Coricidin)	Miscellaneous
_ Guaifenesin elixir (Robitussin, Tussin)	Opthalmalic Solutions: (Saline, Allergy drops)
Vapor rubs, sore throat lozenges/sprays	Antiseptics: (Betadine, Rubbing Alcohol,
Clemastine (Tavist)	Hydrogen Peroxide, Bactine, camphophenic)
Clemastine (Tavist)	riyurogen reroxide, bacune, camphophenic)
Digestional Aides Aluminum and magnesium hydroxide with simethecone (Maalox-antacid/antigas) Bisacodyl (Dulcolax-stool softeners/laxatives) Bismuth subsalicylate (Pepto-bismol, Kaopectate) Calcium Carbonate (Tums, Rolaids)	OTC Med list and use of all items checked by associate approved by: Sharon Sweede, M.D.
By my signature below, I acknowledge that Corp., I am allowed to take only those over above with a check mark. Further, I hereby harmless if I take any over the counter medi	the counter medications that I have indicated agree to hold Recovery Ventures Corp.
Associate Name	Date
Witness	Date



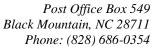
Medication Guidelines

To Whom It May Concern:

Applicants currently taking prescription medications will need to have the following documents in order to successfully enter the program:

- 1. A standing order from the prescribing doctor, (that exactly matches the Rx. Label on the bottle) including the name of the medication, strength, frequency of dose (needs to read "daily" or "qd"; NOT "twice daily" or "bid", morning, bedtime etc...example: 2 tabs daily/not 1 tab twice daily), and route of the medication.
- 2. A self-administer note from the prescribing doctor granting permission for the patient to administer their own medications.
- 3. A 90 day supply of the medication and a 9 month prescription or as close to it as possible.

Before arrival, the applicant must send all proper documentation, as well as enough money to pay for the second 90 day supply of refills for their medications. Recovery Ventures Corporation is not a medical facility and will not be responsible for any medical bills.



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Self-Administration Order

Date:		
Patient:		
Date of Birth:	·	
Medication(s)	, dosage(s), route, frequency:	
	Patient is able to administer his/her own medication(s).	
Provider Signa	ature:	



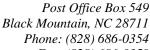
Contact Information For Responsible party

Associate Name:	
Name:	
Email Address:	
Home Phone:	
Work Phone:	
to the noted associate to me for	rning any medical issues that might
Signature:	Date:



Responsible Party Payment Contract

I fully understand that Recovery Ve	entures Corporation is not a medical facility
and is not responsible for any medical	bills or the cost of medication for associates
in residence at Recovery Ventures.	
	parent, guardian, payer, etc.), accept full
	parent, guardian, payer, etc.), accept full dical bills and cost of medications for am associate) while they are a participant in
	am aware that the cost of the medication,
	bject to change during the course of the
program.	
I am also aware that the cost for three time of intake, in addition to the entry then be due before additional refills a Recovery Ventures responsibility to understand that any breach of this contribution.	(3) months of medication is to be paid at the fee. Once this money runs out, payment will can be obtained. I understand that it is not bill me or remind me of payment. I also ract will result in evaluation of the associates
stay at Recovery Ventures.	
by them. I take full responsibility of all that in the case that the associate leave	understand all conditions and agree to abide I payments and conditions. I also understand res the program or gets terminated from the returned to the responsible party, not the nake these arrangements.
Responsible party print name	<u> </u>
Responsible party signature	Date:



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Unauthorized Medication List

Recovery Ventures Corporation does not allow residents to take the following medications:

Opioids

Morphine Vicodin Dilaudid Ativan Lortab Codeine Buprenorphine Demerol Klonopin Percocet Oxycodone Methadone Darvon Darvocet Suboxone

Central Nervous System (CNS) Depressants

Used to treat anxiety and sleep disorders.

1. Barbiturates

Mebaral Phenobarbital Nembutal Seconal

2. Benzodiazepines

Valium ProSom Flurazepam Triazolam Klonopin

Librium Ativan Restoril Xanax

Stimulants

Dexedrine Adderall Strattera Ritalin Cylert Medadate Clonidine Concerta **Ephedrine**

Antipsychotics

Seroquel Haldol Clozaril Risperdal Thorazine Lithium

Muscle Relaxers

Flexeril Cycoflex Zanaflex

Soma Skelaxin

Anti-Depresants (Sedating)

Elavil Remeron Tofranil Buspar Trazadone Pamelor Sinequan Visteril

Recovery Ventures Corporation doesn't allow the medications listed above and will most likely not accept any that may cause similar reactions.

We have found that certain over the counter medications have the potential for abuse. We only allow clients to take OTC's that are provided by the facility, and ordered by a doctor. Residents are not permitted to bring in or hold their own OTC medications.

Please call us if you have a question about a client's medication. Often, it is possible to replace one unacceptable medication with one that is acceptable to us and just as effective for the client's condition. If this is the case, this must take place before admission in order to ensure efficacy.